SWP Dental 10759 Winterset Drive Orland Park, IL. 60467 Phone: 708-580-0404 Fax: 708-966-0154

## **OCS Post operative instructions:**

Medication stays in his/her system for about 24 hours.

Parents could be with the patient while medication is being given, and while the medication is taking effect. However, parents are <u>NOT</u> allowed in the room while the child is getting their treatment done.

Parents are <u>NOT</u> to leave the office premises.

His/Her mouth will be numb for 2-3 hours, make sure he/she does not bite their lips or cheeks.

Pain is normal for a few days post operatively.

His/Her bite may feel different for 7-14 days.

If a crown was placed, no sticky foods for 24 hours so the cement can fully set.

If extraction was done, no small gauze in the mouth (to prevent choking), if bleeding, use wet washcloth and have him/her bite.

Some bleeding post operatively is normal.

3-4 ounces of water upon arrival at home, providing he/she is awake and alert.

3-4 ounces of water after 30 minutes of the initial water intake provided he/she did not vomit. If he/she vomits, wait 30 minutes additional and provide water again.

<u>Soft foods</u> 30 minutes after the second water dose--if he/she requests it. Eating is not necessary immediately if he/she doesn't request it.

Tylenol/ Ibuprofen may be given after one hour of arriving at home if needed for pain.

Limit physical activity for today, he/she will be drowsy.

May resume physical activity tomorrow.

Soft foods for the remainder of the day.

Examples:

Applesauce, bananas, broth (warm, not hot), eggs, ice cream, yogurt, jell-o, mac-n-cheese, mash potatoes, mashed vegetables, noodles, pudding, soups.